



Concept Schedule Wilderness- Nature, Skills & Knowledge, Preps@Home 2023

PREPS@HOME

Wilderness – Nature Skills & Knowledge

12 Months 24 Lessons
January – December 2023

HOSTS:

 Richard Coulson-Day	 David Delafield	 Martyn LeNoble	 Margot Visser	 Ross Hinter
 David Holder	 Rianne Bunschoten	 Connor Kluivers	 Raoul Kluivers	 Brenda Holder

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Voshaar Outdoor & Education – Mahikan Trails



Month	Topic	Host	Date: Video / Presentation	Date: Recap / Zoom
January	Fire Lesson 1 History of the Fire keepers	Raoul Kluivers David Holder Brenda Holder	Video	'Light my Fire' Campfire session FROSTBITE!
January	Fire Lesson 2	Raoul Kluivers David Holder	Videos	Zoom Q & A
February	Counting on Calories to Survive	David Holder		Live Zoom
February	Mammals Europe & North America	Raoul Kluivers	Video	Zoom Q & A
March	First Aid	Brenda Holder		Live Zoom
March	Tracking Basics	Martyn Lenoble	Live Zoom Presentation	Q & A after
April	Light my Fire Session		Spring Rendez Vous Wilderness Meeting	Live Zoom
April	Tracking Gaits and Patterns	Martyn Lenoble	Live Zoom Presentation	Q & A After
April	Knots & Lashings	Richard Coulson- Day Raoul Kluivers	Video	Zoom Q & A
April	Birdsounds* Dutch	Raoul Kluivers	Video	No Zoom
May	Planning and preparing your multi-day hike	Raoul Kluivers	Video	Zoom Q & A
May	Training and Nutrition Hiking	Connor Kluivers	Video	Zoom Q & A
June	Canoe Tripping: outfitting the canoe and camp	David Delafield	Video	Zoom Q & A
June	Trees & Shrubs Edible and Medicinal Plants	Raoul Kluivers Margot Visser	 Video	 Zoom Q & A
July	Light My Fire Session		HEATSTROKE! Wilderness Meeting	Live Zoom
July	Group Management	Margot Visser		Live Zoom
July	Map, Kompas, GPS	Raoul Kluivers	Video	Zoom Q & A
August	Knife skills	Raoul Kluivers David Holder	Video	Zoom Q & A



August	Axe and Saw	Raoul Kluiver David Holder	Video	Zoom Q & A
September	First Aid	Margot Visser	Video	Zoom Q & A
September	Pulley systems 2 lessons	Richard Coulson- Day	Video	Zoom Q & A
October	Plant Medicine	Margot Visser	Video	Zoom Q & A
October	Psychology of Survival	Brenda Holder		Live Zoom
November	Light my Fire Campfire Session		Legends of the Fall Wilderness Meeting	Live Zoom
November	Survival snaring	Ross Hinter	video 2nd week	Live Q & A Nov
November	Travelling on Ice	David Delafield	3rd week	Live:
December	animal processing	Ross Hinter Raoul Kluivers	video 1st week	Live Q & A Dec
December	Shelter	Raoul Kluivers	Video	Zoom Q & A
December	Recap light my fire session			Live Zoom