



Concept Schedule Wilderness- Nature, Skills & Knowledge, Preps@Home 2023

PREPS@HOME

Wilderness – Nature Skills & Knowledge

12 Months 24 Lessons
January – December 2023

HOSTS:

 Richard Coulson-Day	 David Delafield	 Martyn LeNoble	 Margot Visser	 Ross Hinter
 David Holder	 Rianne Bunschoten	 Connor Kluivers	 Raoul Kluivers	 Brenda Holder

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Voshaar Outdoor & Education – Mahikan Trails



Month	Topic	Host	Date: Video / Presentation	Date: Recap / Zoom
January	Fire Lesson 1 History of the Fire keepers	Raoul Kluivers David Holder Brenda Holder	Video	'Light my Fire' Campfire session FROSTBITE!
January	Fire Lesson 2	Raoul Kluivers David Holder	Videos	Zoom Q & A
February	Counting on Calories to Survive	David Holder		Live Zoom
February	Mammals Europe & North America	Raoul Kluivers	Video	Zoom Q & A
March	First Aid	Brenda Holder		Live Zoom
March	Tracking Basics	Martyn Lenoble	Live Zoom Presentation	Q & A after
April	Light my Fire Session		Spring Rendez Vous Wilderness Meeting	Live Zoom
April	Tracking Gaits and Patterns	Martyn Lenoble	Live Zoom Presentation	Q & A After
April	Knots & Lashings	Richard Coulson- Day Raoul Kluivers	Video	Zoom Q & A
April	Birdsounds* Dutch	Raoul Kluivers	Video	No Zoom
May	Training and Nutrition Hiking	Connor Kluivers	Video	Zoom Q & A
May	Tracking Conclusion	Martyn LeNoble		Live Zoom
June	Canoe Tripping: outfitting the canoe and camp	David Delafield	Video	Zoom Q & A
June	Edible and Medicinal Plants	Margot Visser	Video	Zoom Q & A
July	Light My Fire Session		HEATSTROKE! Wilderness Meeting	Live Zoom
July	Group Management	Margot Visser		Live Zoom
July	Map, Kompas, GPS	Raoul Kluivers	Video	Zoom Q & A
August	Knife skills	Raoul Kluivers David Holder	Video	Zoom Q & A
August	Axe and Saw	Raoul Kluiver David Holder	Video	Zoom Q & A
September	First Aid	Margot Visser	Video	Zoom Q & A



September	Pulley systems 2 lessons	Richard Coulson- Day	Video	Zoom Q & A
October	Plant Medicine	Margot Visser	Video	Zoom Q & A
October	Psychology of Survival	Brenda Holder		Live Zoom
November	Light my Fire Campfire Session		Legends of the Fall Wilderness Meeting	Live Zoom
November	Planning and preparing your multi-day hike	Brent van Hemelryck	Video	Zoom Q & A
November	Survival snaring	Ross Hinter	video 2nd week	Live Q & A Nov
November	Travelling on Ice	David Delafield	3rd week	Live:
December	animal processing	Ross Hinter Raoul Kluivers	video 1st week	Live Q & A Dec
December	Shelter	Raoul Kluivers	Video	Zoom Q & A
December	Recap light my fire session			Live Zoom

Planning and preparing your multi-day hike